

HOW TO USE THE INTERNET SECURELY

A GUIDE FOR SENIORS

Summary Checklist



Use this handy checklist to track your progress:

ESSENTIAL STEPS

- I have followed the 5 tips for cyber security:**
 - I have updated my devices (tip 1)
 - I have turned on multi-factor authentication for my most important accounts (tip 2)
 - I have backed up my devices (tip 3)
 - I have set secure passphrases for my most important accounts (tip 4)
 - I have checked for common types of scams and reported anything suspicious (tip 5)
- I have signed up for the latest cyber security alerts**

MORE ACTIVITIES

- I have completed the cyber security crossword**
- I have downloaded the Top Tips for Cyber Security poster as a handy reference**
- I have watched the video on cyber security**
- I have completed the cyber security quiz**

WHAT'S NEXT?

- Learn more with the personal cyber security guides**



**For more information, or to report a cyber security incident,
contact us:** [cyber.gov.au](https://www.cyber.gov.au) | 1300 CYBER1 (1300 292 371)



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